



2009 Official Entry Form – Sponsored by the **Elroy Lions Club**



Elroy Tunnel -Trails 1/2 Marathon, Elroy Apple Dumpling Dash – 5K, Elroy Green Apple Kids Fun Run - .75K



Elroy, Wisconsin – September 12, 2009
(One participant per entry form, please duplicate)



Where did you hear about these Elroy Lions Club races? _____

Full Name (please print): _____

Address: _____

City: _____ State: _____ Zip: _____

Phone No: _____ Cell No: _____

Email Address: _____ Age: ____ Birth date: _____ Sex: ___ Male ___ Female

In case of emergency call: _____ Phone: _____

T-Shirt Size (every one gets a t-shirt, but only those that pre-register are guaranteed a shirt on race day.)

___ YM ___ YL ___ S ___ M ___ L ___ XL ___ XXL ___ XXXL

Race Entering (please check at the top of one of the following):

This Is For Me! <input type="checkbox"/> ←	I'll Do This One! <input type="checkbox"/> ←	Sign Me Up! <input type="checkbox"/> ←
Elroy Tunnel-Trails 1/2 Marathon – 13.1 Miles , Hustler to Elroy using the Juneau County Omaha Bike Trail (includes 875-foot tunnel), Elroy-Sparta Trail and the 400 Trail. http://www.elroybiketrails.org/trails.htm 7:15-7:45 Registration ** 7:45 Instructions ** 8:00 Board bus to Hustler 9:00 Race (bag & tag provided) \$35 by 8/25/09, \$40 day of race.	Elroy Apple Dumpling Dash - 5 K (3.1 miles) Run/Walk. Elroy City Park to 400 Bike Trail to Elroy-Sparta Bike Trail (Thompson Memorial Park) and back. 7:45-8:15 Registration ** 8:15 Instructions ** 8:30 Race \$15 by 8/25/09, \$17 day of race.	Elroy Green Apple Kids Fun Run - .75 K One lap around the Elroy City Park. For youth ages 12 and under. 10:45-11:15 Registration ** 11:15 Instructions ** 11:30 Race \$9 by 8/25/09, \$10 day of race.

****All Registrations & Instructions are at the Elroy Lions Food Stand at the Elroy City (Schultz) Park**

Please Read & Sign This Waiver.

Waiver: Participating in the Elroy Tunnel 1/2 Marathon, the Elroy Apple Dumpling Dash (5K run/walk), and the Elroy Kids .75K Fun Run can be a serious threat to the health of participating individuals, especially to those who have not trained or are not in excellent health. Those participating should check with their physician prior to participating in any of the listed races. Knowingly and at my own risk I am applying to enter one of the listed Elroy Races. I myself, executors, administrators, heirs and assignees and anyone entitled to act on my behalf do hereby waive and release any and all actions, claims, injuries, demands, liabilities, loss damage or expenses of whatever kind and nature including, but not limited to attorney fees which may any time be incurred by reason of my participation in or my preparation for any of the afore listed events that I may incur as a result of my participating in the racing events. I myself and anyone entitled to act on my behalf also do hereby waive and release any and all actions, claims, injuries, demands, liabilities, loss damage or expenses of whatever kind and nature against the Elroy Lions Club, the city of Elroy, Elroy Schultz Park, village of Hustler, townships of Fountain and Plymouth, Juneau County, Brown Bus Service, The Juneau County Omaha Trail, The Elroy-Sparta Trail, The 400 Trail, all sponsors or any employee, volunteer, official or elected official of these organizations. I assume all risks associated with running/walking in this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic, and the conditions of the running surface, all such risks being known and appreciated by me. I further hereby certify that I have full knowledge of the risks involved in this event and I am physically fit and have sufficiently trained to participate. If, however, as a result of my participation in these events, I require medical attention, I hereby give my consent to be provided such medical care. I grant to the Elroy Lions Club and the officials and sponsors of these races the exclusive right to the free use of my name, my voice and/or my picture in any broadcast, advertising, promotion or other account of this event.

All participants receive: T-Shirt, Post-Race refreshments & Apple Dumpling at Elroy Lions Club Food Stand, and various coupons. Medals awarded for 1st, 2nd, and 3rd for males and females. The 1/2 marathon will award medals for males and females in five categories: up to 29 years old, runners in their 30's, 40's, 50's, and over 60.

Signature (Participant): _____ Date: _____

Signature of Parent or Guardian if under 18: _____

Make checks payable to: **Elroy Lions Club**. Enclose check and completed entry form and mail to:

Elroy Lions Club, Attn. Randy Board, 113 Lincoln Street, Elroy, WI 53929 -- Phone: 608-462-8388