

PIYO®

LIVE!



MAKE A POWER MOVE. EXPERIENCE A PIYO® LIVE CLASS!

Unleash your power with Pilates + yoga + nonstop movement! You'll sweat, stretch, and strengthen—all in one workout. Define exactly how you want to look—and feel. No weights. No bulk. Just hardcore results. Ready to make your power move?

FIND A PIYO LIVE CLASS NEAR YOU AT PIYOLIVE.COM

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EVERY TUE. & THURS. @ 6 P.M. FRIEND! 608.393.6466
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